



PACK 455 DEN 13 CALENDAR

Corey Peoples

Hello Parents,

We are looking forward to an amazing 2016. As Wolves, Scouts have an excellent opportunity for advancement and elective awards. The calendar below shows Blue den meetings where we will be working on various rank and elective badges for the scouts as well as many of the important dates from the Scout Pack calendar. For each den meeting, we will be at my house (1941 Berkshire Dr, Eagan MN 55122) unless an exploration adventure is planned for us. We will ideally be meeting outside unless the weather prevents this, and the outdoor meetings will likely be around a firepit. "Family Scouting" is a new adventure for us, and we welcome parents and siblings to attend and participate, and even earn the badges, except for the Wolf rank badge. I will also be sending out communications via Email and encourage participation, so please feel free to reply to let me know if you will be unable to attend a meeting or need some special consideration. Much of what we do can be done at home if needed, or made up in the group later, but it is always more fun for the scouts to do it in a group.

Den meetings will last for an hour, typically less. For each meeting, I would like to set up a schedule for parents to bring along a nutritious snack upon completion. I will have a sign-up for our den meetings and will be sure to email out reminders as well.

Required Adventures:

The rank of Wolf requires us to do 6 Core adventures and 1 Elective adventure, as well as complete the Wolf rank Cyber-Chip activities. One of these core adventures will have us perform a service project which we will do in March.

Duty to God Adventure: The Duty to God core adventure in your books will be an at-home project as spirituality is unique to every family. The requirements can be found below.

Optional Badges:

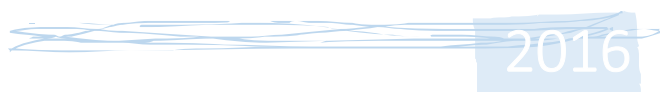
We are also going to have optional projects for the NOVA awards, the STEM achievements for cub scouts. There are 7 nova awards that can be earned and 2 Supernova awards. This year we will do the electives required to complete 3 Nova awards as well as the Supernova award. The electives will be held during normal den meetings, but there will be extra at-home work if you wish to complete and earn the Nova and Supernova awards. I can hand or email you the worksheet upon request.

We will also have an optional day in March for the World Conservation award. This involves doing a full elective adventure and part of a 2nd. Scouts need only attend this if they want to earn the award.

I look forward to an exciting year with everyone!

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|--|-----------|----------|--------|----------|
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| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | Parent Meeting 7:00 PM @ VFW Rosemont | 23 | 24 | 25 | 26 |
| 28 | 29 | 30 | 31 | | | |
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AUGUST



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JULY 2016

SEPTEMBER 2016

NOTES:

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|---------|-----------|--|--------|----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | Pack Meeting 6:45 PM @ Red Pine Elementary | 12 | 13 | 14 | 15 | 16 |
| 18 | 19 | 20 | 21 | School Night for Scouting 6:00 PM @ Elementary Schools | 22 | 23 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

SEPTEMBER

2016

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AUGUST 2016

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OCTOBER 2016

NOTES:

Welcome to Cub Scout Pack 455! Den 13 (Wolf) is lead by Corey Peoples. Den Meetings will take place on the 1st Monday and 3rd Thursday of every month, unless it conflicts with another item on the pack calendar or a field trip is required. We are going to have a fun year! On the adventure for this month is Call of the Wild. Bring a chair to sit around the fire pit!

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|-----------|---|--------|--|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | Den 13 Meeting 6:30 PM @ Corey's House | 6 | Fall Family Camp 8 |
| Fall Family Camp 9 | 10 | 11 | 12 | 13 | 14 | Popcorn Show & Sell @ Hastings Wal Mart 15 |
| Den 13 Meeting 4:00 PM @ Lebenon Hills Visitors Center 16 | Pack Meeting 6:45 PM @ Red Pine Elementary 17 | 18 | 19 | 20 | 21 | Astronomy event 6pm-8pm @ Whitetail Woods Park 22 |
| 23 | 24 | Parent Meeting 7:00 PM @ VFW Rosemont 25 | 26 | 27 | 28 | Astronomy event backup night 6pm-8pm @ Whitetail Woods Park 29 |
| Popcorn Sales End 30 | 31 | | | | | |

OCTOBER



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SEPTEMBER 2016

NOVEMBER 2016

NOTES:

This month's adventure is "Paws on the Path."

We will be going for a 1 mile hike at Lebenon

Hills, so be prepared! Check the weather and

bring a snack. An astronomy night for the NOVA

badge is planned for the 22nd, but will be delayed

by a week if the skies are not clear enough to see.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|-----------|----------|--|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | Den 13 Meeting 6:30 PM @ Corey's House | 7 | 8 | 9 | 10 | 11 |
| 12 | | | | | | |
| 13 | Pack Meeting 6:45 PM @ Red Pine Elementary | 14 | 15 | 16 | Den 13 Meeting 6:30 PM @ Corey's House | 17 |
| 18 | | | | | | |
| 19 | | | | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | Parent Meeting 7:00 PM @ VFW Rosemont | 29 | 30 | | |
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NOVEMBER

2016

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OCTOBER 2016

DECEMBER 2016

NOTES:

This month we are going to be working on

Howling at the moon We will create some chants

and skits that we can use at pack meetings

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|---------|---|----------|--------|----------|
| | | | | 1 | 2 | 3 |
| 4 | Caroling 6:15 PM @ Minneapolis Veterans Home | 5 | 6 | 7 | 8 | 9 |
| 11 | Den 13 Meeting 6:30 PM @ Corey's House | 12 | Parent Meeting 7:00 PM @ VFW Rosemont | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

DECEMBER



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NOVEMBER 2016

JANUARY 2017

NOTES:

Our adventure this month is Running With the Pack, where we will talk about healthy and nutritious choices, play games, and show off our agility

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|---|--|-----------|---|-------------------|---------------------------------------|
| | Den 13 Meeting 6:30 PM @ Corey's House | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Pack Meeting 6:45 PM @ Red Pine Elementary | | | | Pack Winter Party | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | | | Den 13 Meeting 6:30 PM @ Corey's House | | Pack Winter Camp / Council Polar Camp |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| Pack Winter Camp | | Parent Meeting 7:00 PM @ VFW Rosemont | | | | |
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JANUARY

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DECEMBER 2016

FEBRUARY 2017

NOTES:

Safety these days doesn't just include the scout's daily life but their cyber life too. We will also work on the Elective Adventure Air of the Wolf. You will be given the kits to make a Spaceship that we will race next month, and can use all of the secrets we learn about the air this month.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|-----------|--|--------|---------------------------|
| | | | 1 | 2 | 3 | Blue & Gold Ceremony 4 |
| 5 | Den 13 Meeting 6:30 PM @ Corey's House | 6 | 7 | 8 | 9 | 10 |
| 11 | | | | Den 13 Meeting 6:30 PM @ Corey's House | 16 | 17 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | Parent Meeting 7:00 PM @ VFW Rosemont | 28 | | | |
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FEBRUARY



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JANUARY 2017

MARCH 2017

NOTES:

Our adventure this month is Code of the Wolf.

We will also be having our Space Derby

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|-----------|----------|--------|---|
| | | | 1 | 2 | 3 | 4 |
| | Pack Meeting 6:45 PM @ Red Pine Elementary | | | | | Pinewood Derby |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| World Conservation 4:00 PM @ Corey's House | Den 13 Meeting 6:30 PM @ Corey's House | | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | | Parent Meeting 7:00 PM @ VFW Rosemont | | | | Den 13 Meeting Time and location TBD |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
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| 26 | 27 | 28 | 29 | 30 | 31 | |
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MARCH

2017

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FEBRUARY 2017

APRIL 2017

NOTES:

This month's adventure is Council Fire, where we will learn about planning and do a service project.

The project will take place on March 25th. Those who wish to do the World Conservation Award can also attend a 2 hour meeting on Saturday the 18th to earn the 2 required electives.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|-----------|--|--------|----------|
| | | | | | | 1 |
| 2 | Den 13 Meeting 6:30 PM @ Corey's House | 3 | 4 | 5 | 6 | 7 |
| 9 | Pack Meeting 6:45 PM @ Red Pine Elementary | 10 | 11 | 12 | 13 | 14 |
| 16 | 17 | 18 | 19 | Den 13 Meeting 6:30 PM @ Corey's House | 20 | 21 |
| 23 | 24 | Parent Meeting 7:00 PM @ VFW Rosemont | 25 | 26 | 27 | 28 |
| 30 | | | | | | 29 |
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APRIL

2017

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MARCH 2017

MAY 2017

NOTES:

Our adventure this month will be the elective
Finding Your Way, where we will learn how to
use a compas and map, so we will never be lost.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------|--|---|-----------|----------|--------------------|--------------------|
| | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | Pack Meeting 6:45 PM @ Red Pine Elementary | | | | Spring Family Camp | Spring Family Camp |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Spring Family Camp | | | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | | Parent Meeting 7:00 PM @ VFW Rosemont | | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
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| 28 | 29 | 30 | 31 | | | |
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MAY

2017

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APRIL 2017

JUNE 2017

NOTES:

Congratulations on graduation and I hope you
 can all attend Spring Camp this month!

Core and Elective badges and requirements we will be working on



September
CORE

Wolf Adventure: Call of the Wild

1. While a Wolf Scout, attend a pack or family campout. If your chartered organization does not permit Cub Scout camping, you may substitute a family campout or a daylong outdoor activity with your den or pack.
2. Show how to tie an overhand knot and a square knot.
3. While on a den or family outing, identify four different types of animals. Explain how you identified them.
4. With your family or den, make a list of possible weather changes that might happen on your campout according to the time of year you are camping. Tell how you will be prepared for each one.
5. Show or demonstrate what to do:
 - a. When a stranger approaches you, your family, or your belongings.
 - b. In case of a natural disaster such as an earthquake or flood.
 - c. To keep from spreading your germs.
6. On the campout, participate with your family or den in a campfire show. Prepare a skit or song, and then present it at the campfire for everyone else.
7. Do the following:
 - a. Recite the Outdoor Code with your leader.
 - b. Recite the Leave No Trace Principles for Kids with your leader. Talk about how these principles support the Outdoor Code.
 - c. After your campout, list the ways you demonstrated being careful with fire.



October
CORE

Wolf Adventure: Paws on the Path

1. Show you are prepared to hike safely by putting together the Cub Scout Six Essentials to take along on your hike.
2. Tell what the buddy system is and why we always use it in Cub Scouts.
3. Describe what you should do if you get separated from your group while hiking.
4. Choose the appropriate clothing to wear on your hike based on the expected weather.
5. Before hiking, recite the Outdoor Code and the Leave No Trace Principles for Kids with your leader. After hiking, discuss how you showed respect for wildlife.
6. Go on a 1-mile hike with your den or family. Watch and record two interesting things that you've never seen before.
7. Name two birds, two insects, and two other animals that live in your area. Explain how you identified them.
8. Draw a map of an area near where you live using common map symbols. Show which direction is north on your map.



November
CORE

Wolf Adventure: Howling at the Moon

1. Show you can communicate in at least two different ways.
2. Work with your den to create an original skit.
3. Work together with your den to plan, prepare, and rehearse a campfire program to present to your families at a den meeting.
4. Practice and perform your role for a pack campfire program.



December
CORE

Wolf Adventure: Running With the Pack

1. Play catch with someone in your den or family who is standing 10 steps away from you. Play until you can throw and catch successfully at this distance. Take a step back, and see if you can improve your throwing and catching ability.
2. Practice balancing as you walk forward, backward, and sideways.
3. Practice flexibility and balance by doing a front roll, a back roll, and a frog stand.
4. Play a sport or game with your den or family, and show good sportsmanship.
5. Do at least two of the following: frog leap, inchworm walk, kangaroo hop, or crab walk.
6. Demonstrate what it means to eat a balanced diet by helping to plan a healthy menu for a meal for your family. Make a shopping list of the food used to prepare the meal.



January
ELECTIVE

Nova 7 – Out of
this World

Supernova

Wolf Elective Adventure: Air of the Wolf

1. Do the following investigations:
 - a. Conduct an investigation about the weight of air.
 - b. Conduct an investigation about air temperature.
 - c. Conduct at least one of the following investigations to see how air affects different objects:
 - i. Make a paper airplane and fly it five times. Make a change to its shape to help it fly farther. Try it at least five times.
 - ii. Make a balloon-powered sled or a balloon-powered boat. Test your sled or boat with larger and smaller balloons.
 - iii. Bounce a basketball that doesn't have enough air in it. Then bounce it when it has the right amount of air in it. Do each one 10 times. Describe how the ball bounces differently when the amount of air changes.
 - iv. Roll a tire or ball that doesn't have enough air in it, and then roll it again with the right amount of air. Describe differences in how they move.
2. Do the following:
 - a. With other members of your den, go outside and record the sounds you hear. Identify which of these sounds is the result of moving air.
 - b. Create a musical wind instrument, and play it as part of a den band.
 - c. With an adult, conduct an investigation on how speed can affect sound.
3. Do the following:
 - a. Explain the rules for safely flying kites.
 - b. Make a kite using household materials.
4. With your family, den, or pack, participate in a kite derby, **space derby** or rain-gutter regatta. Explain how air helps the vehicle move.



February
ELECTIVE

Nova 4 – 1-2-3-
GO!
Supernova

Wolf Elective Adventure: Code of the Wolf

1. Do one of the following:
 - a. With the members of your den or family, make a game with simple materials that requires math to keep score.
 - b. Play a game of "Go Fish for 10s."
 - c. Do five activities at home, at school, or in your den that use mathematics, and then explain to your den how you used everyday math.
 - d. Make a rekenrek with two rows, and show Akela how you would represent the numbers 4, 6, 9, and 14.
 - e. Make a rain gauge or some other measuring device, and use it.
2. Do one of the following:
 - a. With other members of your den or family, identify three different types of shapes that you see in nature.
 - b. With other members of your den or family, identify two shapes you can see in the construction of bridges.
 - c. Select a single shape or figure. Observe the world around you for at least a week, and write down where you see this shape or figure and how it is used.
3. Do one of the following:
 - a. With your den, find something that comes with many small, colored items in one package. Count the number of items of each color in your package. Keep track of each color. Then:
 - i. Draw a graph showing the number of items of each color.
 - ii. Determine what the most common color is.
 - iii. Compare your results to the other boys'.
 - iv. Predict how many items of each color you will find in one more package.
 - v. Decide if your prediction was close.
 - b. With your den or family, measure the height of everyone in the group and see who takes more steps to walk 100 feet.
 - c. Have each member in your den shoot a basketball. Count the number of shots it takes to make five baskets. Graph the number of shots it takes for each boy using 5, 6–10, 11–15, 16–20, or more than 20.
4. Do one of the following:
 - a. Use a secret code using numbers to send a message to one of your den members or your den leader. Have that person send a message back to you. Be sure you both use the same code numbers.
 - b. Send a message to another member of your den or your den leader using the pig pen code or another code that changes letters into special shapes.



March
CORE

Wolf Adventure: Council Fire

1. Participate in a flag ceremony, and learn how to properly care for and fold the flag.
2. Work with your den to develop a den duty chart, and perform these tasks for one month.
3. Do the following:
 - a. Learn about the changes in your community, and create a project to show your den how the community has changed.
 - b. Select one issue in your community, and present to your den your ideas for a solution to the problem.
4. Do the following:
 - a. Attend the pack committee leaders' meeting. Present ideas to the pack committee regarding your service project.
 - b. Work together on a community service project.
5. Talk to a military veteran, law enforcement officer, member of the fire department, or someone else who works for the community. Talk about his or her service to the community. After you have visited with the individual, write a short thank-you note.
6. Do the following:
 - a. Learn about the three R's of recycling: reduce, reuse, and recycle. Discover a way to do each of these at home, at school, or in your community.
 - b. Make your own recycling center, or contribute to an existing one.
 - c. Create a den project from recyclables for a pack meeting.



March
ELECTIVE
Special

World
Conservation
Award

Wolf Elective Adventure: Grow Something

1. Select a seed, and plant it in a small container. Care for it for 30 days. Take a picture or make a drawing of your plant once each week to share with your den.
2. Find out the growing zone for your area, and share the types of plants that will grow best in your zone.
3. Visit or research a botanical or community garden in your area, and learn about two of the plants that grow there. Share what you have learned with your den.
4. Make a terrarium.
5. Do one of the following:
 - a. Using a seed tray, grow a garden inside your home. Keep a journal of its progress for 30 days. Share the results with your den.
 - b. Grow a sweet potato plant in water. Keep a journal of its growth for two weeks. Share it with your den.



March
ELECTIVE
Special

World
Conservation
Award

Wolf Elective Adventure: Spirit of the Water

1. Demonstrate how the water in your community can become polluted.
2. Explain one way that you can help conserve water in your home.
3. Explain to your den leader why swimming is good exercise.
4. Explain the safety rules that you need to follow before participating in swimming or boating.
5. Show how to do a reaching rescue.
6. Visit a local pool or public swimming area with your family or Wolf den.
With qualified supervision, jump into water that is at least chest-high, and swim 25 feet or more.



April
ELECTIVE

Nova 2 – Tech
Talk

Wolf Elective Adventure: Finding Your Way

1. Do the following:
 - a. Using a map of your city or town, locate where you live.
 - b. Draw a map for a friend so he or she can locate your home, a park, a school, or other locations in your neighborhood. Use symbols to show parks, buildings, trees, and water. You can invent your own symbols. Be sure to include a key so your symbols can be identified.
2. Pick a nutritious snack, and find where it came from. Locate that area on a map.
3. Do the following:
 - a. Identify what a compass rose is and where it is on the map.
 - b. Use a compass to identify which direction is north. Show how to determine which way is south, east, and west.
4. Go on a scavenger hunt using a compass, and locate an object with a compass.
5. Using a map and compass, go on a hike with your den or family.



On Your Own
CORE

Wolf Adventure: Duty to God Footsteps

Complete requirements 1 and 2.

1. Do both of these:
 - a. Visit a religious monument or site where people might show reverence.
 - b. Create a visual display of your visit with your den or your family, and show how it made you feel reverent or helped you better understand your duty to God.
2. Complete 2a and at least two of requirements 2b–2d.
 - a. Give two ideas on how you can practice your duty to God. Choose one, and do it for a week.
 - b. Read a story about people or groups of people who came to America to enjoy religious freedom.
 - c. Learn and sing a song that could be sung in reverence before or after meals or one that gives encouragement, reminds you of how to show reverence, or demonstrates your duty to God.
 - d. Offer a prayer, meditation, or reflection with your family, den, or pack.